## Troop 8 Meal Plan

Patrol (if applied	cable)	
Number atten	ding	
Event		
Friday Night	Dinner	
	Meat	_
	Veggie/Fruit	
	Bread	
	Condiments	
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Saturday	Breakfast	<del>_</del>
	Meat	
	Veggie/Fruit	
	Bread	
	Condiments	
Saturday	Lunch	
•	Meat	_
	Veggie/Fruit	
	Bread	
	Dessert/Snack	
	Condiments	
Saturday	Dinner	<u>_</u>
	Meat	
	Veggie/Fruit	
	Bread	
	Dessert/Snack	
	Condiments	
Sunday	Breakfast	
Sunday	Meat	_
	Veggie/Fruit	
	Bread	
	Condiments	

## **Shopping List**

	What (Item)	Quantity (How Much)  To make the shopping list, it helps to know how the store packages things
Meat		
Veggies/Fruits		
Breads		